

ABOUT SALT

SALT is a collaboration of
Edina High School,
SALT High School,
and Crosby-Ironton High School,
with generous support
from REI,
Leave No Trace
and other community
organizations and individuals.

Through high adventure and service-learning,
we teach leadership through service to others.

By building relationships with youth
from different backgrounds,
as well as mentors and leaders from the
school, community and business world,
SALTeam members will positively impact
their schools and communities,
now and in the years to come.



For more info, contact:

Doug Eischens at 952-848-3139

or doueischens@edina.k12.mn.us

www.edina.k12.mn.us/edinahigh/services/socialworker/SALT/index.html

Aaron Carper at 612-375-0700

or acarper@voamn.org

www.voahs.org/salt/

Rita Hussman at

or ritahusman@msn.com

EDINA HIGH SCHOOL
SALT HIGH SCHOOL
CROSBY-IRONTON HS

GROWING
URBAN-SUBURBAN-RURAL
CONNECTIONS



2009-10

We build young leaders who serve

*"Don't ask yourself what the world needs.
Ask yourself what makes you come alive,
and then go and do that.*

*Because what the world needs is
people that have come alive."*

~Harold Thurman Whitman

SALT Service Adventure Leadership Team

WHAT IS SALT?

SERVICE

Get involved in big and small acts of service. From the Creek Valley Environmental Project, to building boardwalks and bridges on the Superior Hiking Trail, starting a project in your neighborhood or at school, learn to lead by serving others. Students can earn a letter in service by attending SALT leadership meetings and service events.

ADVENTURE

Backpack the Superior Hiking Trail or Porcupine Mountains, go rock climbing at Vertical Endeavors, REI or Taylor's Falls, canoe the pristine wilderness of the BWCA, and participate in high adventure activities at camps in Minnesota and Wisconsin.

LEADERSHIP

Build relationships with students and adults from urban, suburban and rural schools. Gain confidence and develop leadership and helping skills by coordinating expeditions and events, and mentoring peers and younger students.



WHAT DO WE DO?



- Guys and Girls teams
- Regular monthly meetings after school
- Monthly evening events for service, dinner and fun
- Overnight and day retreats for camping, rock climbing, high ropes, challenge and service activities
- Leadership retreat weekends
- Wilderness expeditions
- Service-learning projects
- Leave No Trace & Wilderness 1st Aid Training
- Mentor new students in years 2 & 3

Events often include students from more than one of the schools. Activities are held in Fall, Winter, Spring and Summer, and are based on interest and commitment level of SALT team members.

A calendar of the current year's events and dates is available beginning in September.

Fees for transportation, food, permits and use of facilities are covered by students, grants and fundraising efforts. Scholarships are available but limited.



LETTERING IN SERVICE

Students at EHS can earn a letter in service for 120 hours of service during their 10th-12th grade years. Hours can be accumulated by participation in SALT leadership meetings, service events and by planning events/expeditions. In addition, 2nd and 3rd year SALT team members who have demonstrated their commitment can help co-lead an expedition with incoming 10th graders.

WHAT'S IN A NAME?

Why do we call it SALT? Actually, the idea came from one of our first meetings when someone spoke of training young people and then sending them out to "salt" the system. The word comes from the Old English word *sealt*, and the word *sal* has Indo-European roots. Wordsmiths offer some of these definitions:

- ✓ An element that adds flavor, zest or liveliness
- ✓ *salt of the earth*--person or group considered the best/noblest part of society
- ✓ *worth (one's) salt*--efficient and capable



ELIGIBILITY AND APPLICATION PROCESS

All interested 10th-12th grade students are invited to apply anytime during the year, as well as those who are transitioning to 10th next year. Students and parents may inquire about attending a single event, if space is available. Please contact us for more information or an application.

THE LEADERS

Doug Eischens, SALT Coordinator at EHS
Steve Clarke, teacher at EHS
Jen Cordes, teacher at EHS
Aaron Carper, Director at SALT High School
Rita Hussman, Coordinator of Cuyuna SALT
Kristine Andersen, teacher at Crosby-Ironton HS