

## Calendar

Monday, Dec. 12	Piano Lessons- Community Ed.	4:00-7:00	Room 5
Tuesday, Dec. 13	Highlands Choir	8:30-9:15	Room 10/11
	Real World Spanish - Community Ed	3:55-4:55	Room 28
	Highlands Choir Concert	3:15/7:00	Gym
	Green Team	3:55-5:00	Room 16
Wednesday, Dec. 14	Math Olympiad- 2 <sup>nd</sup> Olympiad	8:30-9:10	Media Center
	Lego X- Community Ed	3:55-5:10	Room 9
Thursday, Dec. 15	Impact Lives	9:45-3:45	Gym
	Chess Club	4:00-5:00	Room 4
	Chinese- Community Ed	3:55-4:55	Room 3
Friday, Dec. 16	Young Rembrandts-Community Ed	3:55-4:55	Room 28

## Field Trips - No field trips this week

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## LINKS

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### *Notes from the Principal*

**12/08/11**

At Highlands we use strategies called thirty-second interventions to help children think about their behavior. If you have volunteered in classrooms at Highlands you may have heard examples of thirty-second interventions. Some examples are:

Is what you are doing okay now?

What is your job now?

When will you be ready to start?

What can I do to help so that you can...?

What is the rule? What are you doing?

It looks like you have a problem. How could I help you solve it?

Do you want to figure out a better way? How can I help you?

Is what you are doing now helping or hurting our lesson?

Thirty-second interventions are appropriately named. They are interventions that take about thirty-seconds. Thirty-second interventions are effective because they help a child develop internal control. Developing internal control is an important part of a child's development.

When children are young external control plays a major role in their behavior. As children get older it is important that they develop internal controls so that they can make good decisions even when adults are not present. Thirty-second interventions are questions that help a child think about their behavior and make positive choices concerning their behavior.

These interventions make it clear that the child is responsible for their behavior and the choices they make. They put the adult in a helping role. Thirty-second interventions can be effective both at school and at home.

The idea of thirty-second interventions comes out of the work of Dianne Gossen. Dianne Gossen also developed the Restitution Self Discipline model, which has a great impact on how we work with students at Highlands.

Thirty-second interventions benefit our children by helping them develop internal control and responsibility for their behavior.

***Peter Hodne***

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### **IMPACTLIVES - DECEMBER 15**

Parents, the final countdown is on. ImpactLives Day is less than a week away, and we need your help in three ways:

1. Please **encourage your kids to raise money creatively**. We neither expect nor want you to send them with \$15 from your wallet. Instead, we're hoping that they do chores for a neighbor, or give up a lunch at McDonald's. We're about halfway toward our financial goal for the year. The deadline is Monday.
2. **Sign up to help out for the day** at [HighlandsVolunteers.org](http://HighlandsVolunteers.org). This is a great day to help out at Highlands and do something wonderful alongside our students.
3. **Come and pack meals at lunch**. If there are no spots left to volunteer during your child's shift, or you cannot make it that hour, you can sign up at [HighlandsVolunteers.org](http://HighlandsVolunteers.org) to pay-to-pack over the noon hour. We'd love to have you join us -- and for a \$20 donation, you can feed over 100 people. Come join in the giving spirit!
4. **If your child would like to eat the Impact Lives food for their lunch that day please register them on the PTO volunteer website.**

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**Transportation has been turned on for Parents in Schoolview as of 10:15 today. It appears as a new module and when you click you will see bus info.**

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***Be sure to check Community Opportunities for Youth on the [EPS Facebook page](#)***

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Table captains needed for the Edina Education Fund Show and Tell

On Monday February 6, 2012 the Edina Education Fund will be hosting the 5th Annual Show & Tell Event at St. Patrick's Church. We are looking for individuals to serve as Table Captains for this year's event. As a Table Captain you will be asked to fill a table of 8 people by personally inviting friends, family, neighbors, colleagues and anyone with whom you would like to show the Ed Fund's work and the great things the Ed Fund does for our schools and kids. The Ed Fund's goal is to reach as many new people as possible.

- ~ Your job is to invite new faces, the Ed Fund will inspire them
- ~ You will be given a kit to walk you thru your job as a table captain
- ~ We will be here to offer help and answer question
- ~ Best of all the bag lunch is provided by the Ed Fund

If you are willing to help please contact Kristin Karpinsky - Table Captain Chair at [kakarpinsky@hotmail.com](mailto:kakarpinsky@hotmail.com) or Barb Bloom - committee member at [barbbloom@mac.com](mailto:barbbloom@mac.com).

Thanks for your continued help.

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***School's out December 21!  
Drop the kids off at the Edina Community Center on  
Thursday, Dec 22 and finish shopping!!!***

***Click on the class title for more details and to register online***

**[Build It, Race It, Fly It - Abrakadoodle](#) ages 5-10, 9 am- 3pm (bring a lunch!)**

**[My Favorite Doll's Fashion Show - Abrakadoodle](#) ages 4-9, 1-4 pm**

**[3,2,1 . . . Blast Off! - Abrakadoodle](#) ages 3-6, 9am-12pm**

**[Fun in the Winter](#) ages 2 ½-6, 12:30-3 pm**

***There isn't enough room here to list all the other great choices coming up on  
December 27, 28 & 29<sup>th</sup> for ages 5-12.***

***Visit our website to view all the details and register online. Click on the link below.***

**[Winter Break Classes](#)**

## **HAPPY HOLIDAYS!**

[www.edina.thatscommunityed.com](http://www.edina.thatscommunityed.com)

952-848-3952 [www.edinacommunityed.org](http://www.edinacommunityed.org)

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Please consider a tax-deductible, end-of-year gift to the Edina A Better Chance Foundation. Your generosity ensures that our scholars are given the tools they need to ultimately "be the best they can be."

Donations, made payable to "Edina A Better Chance," can be sent to Sherry Nuness, 6754 Valley View Road, Edina, MN 55439. You can also contribute online at [www.edinaabc.org](http://www.edinaabc.org)

Here's to 40 more years!

<http://www.edina.k12.mn.us/district/pdfs/2011-Edina-ABC-Holiday.pdf>

4th Annual Holiday Pops  
Skating Exhibition & VEAP Benefit  
5:40 – 7:30 p.m.  
Sunday, December 11, 2011  
Braemar Ice Arena  
7501 Ikola Way – Edina, Minnesota

Come watch single, pairs, trio & ensemble skaters from the Braemar-City of Lakes Figure Skating Club

Canned/dry good offering & \$5 admission benefits (VEAP) Volunteers Enlisted to Assist People, a local non-profit agency serving low-income families, elderly & disabled persons in Bloomington, Edina, Richfield & South Minneapolis.

<http://www.edina.k12.mn.us/district/pdfs/2011-Holiday-Pops.pdf>

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## **Trivia Corner**

**When thirsty, a camel can swig down 25 gallons of water in less than three minutes**

**The term "classroom" didn't come into use in the United States until after 1865.**

**The human stomach lining replaces itself every three days.**

***"The important thing is not to stop questioning."  
- Albert Einstein (1875-1955)***