

Calendar Green Team will meet on Tues, Nov 15th instead of the 8th.

Monday, Nov. 7	Piano Lessons- Community Ed.	4:00-7:00	Room 5
Tuesday, Nov. 8	Highlands Choir	8:30-9:15	Room 10/11
Election Day	Real World Spanish - Community Ed	3:55-4:55	Room 28
	Science Comes Alive – Community Ed	3:55-4:55	Room 3
Wednesday, Nov. 9	Double Dutch - Community Ed.	6:30-7:15 PM	Gym
	Lego X	3:55-5:10	Room 9
	Math Olympiads - Practice	8:30-9:10	Media Center
Thursday, Nov. 10	Sport Stacking- Community Ed	8:15-9:10	Media Center
	Clay Play-Community Ed	3:55-4:55	Room 28
	Chinese- Community Ed	3:55-4:55	Room 3
	Chess Club	4:00-5:00	Room 4
	Site Council	4:00-6:00	Media Center
	Masica/Seaman Potluck	6:30-8:30	Café/Gym
Friday, Nov. 11	Young Rembrandts-Community Ed	3:55-4:55	Room 28

Field Trips - No field trips this week

LINKS

[School Age Parenting Classes](#)

[PCN Speaker Forum](#)

[Van Driver Needed](#)

[News from Food Service](#)

Notes from the Principal

11/4/11

Restitution is a program that helps students develop self discipline. The restitution program was developed by Diane Gossen and it is an important part of the Highlands Philosophy.

One of the keys to understanding restitution is to understand the positions of control and the impact they have on people. Diane Gossen describes five positions of control including:

Punisher - A punisher yells points and threatens the child in an attempt to control. This is a negative form of control that can lead to rebellion, an "I don't care" attitude and often to repeat offenses.

GUILTER - A guilter preaches to the child and tells them what they should have done. This is a negative form of control that leads to denial, lying and low self-esteem in the child.

Buddy - A buddy makes excuses for the child and asks the child to do things for them as a buddy. This is a positive form of control but it weakens the child and causes the child to become dependent on the buddy.

Monitor - The monitor sets up consequences and uses reinforcement with the child. The monitor uses questions like: "What is the rule?" This is a positive form of control, but the control is still external and it leads to conformity.

Manager/Mentor - The manager helps the child understand that they are responsible for their actions and uses questions like "What do we believe" to guide the child and to help them think about how to make it right with others. This is a form of self control that teaches self discipline and strengthens the child.

At Highlands we try to work at the Manger/Mentor level, but realize that situations arise when we need to weave between the Manager/Mentor and Monitor position. Using Restitution benefits our children by strengthening them and helping them develop self discipline.

Peter Hodne

GG3 Attendees,

Here is your top ten list of things to know before you Rock the Club at Friday night's GG3:

#10: Small Gatherings won't wait for fashionably late: signups start right at 7pm and many gatherings fill up quickly. You'll find something for everyone. Preview this year's gatherings [here](#). Small gatherings will be open until each event is full.

#9: Bring your cash for the bar and other fun surprises.

#8: Check the website for a preview of awesome items up for auction:
Click [here](#) for this year's auction list.

#7: Bid high, it's for a good cause: This is our biggest fundraiser of the year and 100% of proceeds go to our Highlands PTO. Pay for your items by check at the end of the night or be invoiced after the event.

#6: Pay Attention to Bidding etiquette: Please adhere to minimum bids and raises as noted on the bid sheets. Highest bid when the table closes is the winner. All winning bids are FINAL SALES.

Silent Auction and Classroom Art bidding closes at exactly 9:30pm. All items must be pushed, pulled or carried home the night of the event

#5: Checkin on time: Checkin and bidding start at 7:00pm. Your bid numbers and nametags will be available at the door. Valet parking available.

#4: Wear your GG3 tee: Casual attire (jeans included) are perfect. If you didn't already buy your teeshirt, they will be available for \$20 at the event.

#3: Heavy apps, Desserts & Late Night Snacks will keep you going while you bid.

#2: You will whine if you miss the Wine raffle: 5 lucky winners will each go home with 2 cases of wine! Buy your \$10 raffle tickets at the door. Winners will be drawn at 9:45pm.

#1: Get Ready to Rock the Club when Mr. Hodne takes the stage at 10:00pm, with the Love Handles and later on Thor's Hammer rockin' some live tunes!

We cannot wait to see you Friday night at the Great Gathering 3!
Karalyn & Lisa

Please welcome Sarah Christian-Garceau to Highlands. Sarah is going to be our long term sub in Art for Teri Joyce while she is on leave until January.

We are looking for parents that would like to be subs for our playground. This is a paid position. If interested please contact Peter Hodne at 952-848-4500. Thank you

Highlands Day of Service and ImpactLives - Thursday, December 15 (Read to the end to see how to help this year)

Our annual day of service and learning is coming up soon! For those of you new to Highlands, this is an annual day of service at Highlands where the kids, staff and parent volunteers work together to help others and learn about service to the community and the world. A big part of our day is **packing thousands of meals** for ImpactLives, a non-profit organization located in Minnesota that not only feeds children and families but also helps ImpactLives by building wells, providing education and meeting basic needs of the community. Just like in years past, this event is a hands on way for our children to see how they can make a difference. This year's destination for our meals and contributions will be Haiti, a country that we have served for the past several years.

The event pairs CP and Discovery classes in a school-wide event, with students packing in approximately one-hour shifts. At the end of the day there will be an assembly presenting how many meals we've packed, how much money we've raised as well as a chance for students to talk about their experiences. Over the past seven years, we have packed hundreds of thousands of meals during a very fun day with incredible energy gained from helping others.

Students will even have the opportunity to gain empathy for those starving recipients by eating an ImpactLives rehydrated meal for lunch. If your child(ren) would like to participate by eating the Impact Lives Food for lunch, you may sign them up using the Highlands Volunteers website. Details will be forthcoming in the Weekly.

In addition to packing food **we encourage each student to earn about \$15 to donate to ImpactLives** to cover supplies and shipping costs (we only get to pack as many meals as we're able to pay for). Donation jars will be located in each classroom. Here are some money earning ideas:

- Rake a neighbor's leaves or shovel their driveway
- Take in mail or newspaper for a neighbor who may be away
- Watch a friend's pet while they are on vacation
- Do extra chores around the house
- Donate part of your allowance

We will be using the Highlands Volunteers website as a place for you to sign up to help. Information on how to do this will be forthcoming. Watch the Weekly for more details. If you'd like to be part of the planning committee or have any questions or concerns please contact Tony Jones at jonestony@gmail.com or at [612-597-0441](tel:612-597-0441).

Finally, every year we rely on a team of parents to help with ImpactLives. If you're willing to serve on this team, please join us in the Room 1 (Zach Prowell's room) at 11:30am on Monday, November 14. If you want to help but cannot make this meeting, please email Tony.

Highlands November PTO newsletter now posted on PTO website. No copies will be available in print. Next newsletter will be posted Jan. 1st.

<https://sites.google.com/site/highlandsptaonline/ptonewsvol2of5.pdf?attredirects=0&d=1>

Innisbrook orders are ready for pick up! Please pick up your Innisbrook orders on **Tuesday, November 8 @ 3:00-5:00** in the front hallway (no need to bring paperwork or order forms). Thank you again for your support of Highlands – you helped raise nearly \$4,000 to benefit our school!

Edina Ed Fund's 2011 "Give To The Max Day" is on ***November 16, 2011***. GiveMN's Give to the Max Day amplifies your giving impact in a number of ways. First, a \$1,000 "Golden Ticket" will be given to a random donor's charity every hour. You could be that donor! Also, your donation on November 16, could put us on the leader board to win \$10,000 or even \$20,000 for the most number of donors for the Edina Ed Fund.

<http://givemn.razoo.com/story/Edina-Education-Fund>

If you have any questions feel free to contact me.

Regards,
Gigi Carlson
Edina Ed Fund
Community Chairperson

Go Green Requests An End to Idle Time

We've all done it. We sit in the pick up lines waiting for our kids to come out with the car running, radio playing, climate adjusted accordingly. We make calls. We check our e-mail. We idle. And, if you don't think at all about what you're doing, it seems so harmless. However, each day Americans waste 3.8 million gallons of gasoline through idling. An 8 cylinder car will waste 1 cup of gasoline in just 5 minutes. This amounts to 20 gallons annually, which costs you \$60 to \$80 and the earth 440 pounds in CO2 emissions. (<http://www.thehcf.org/antiidlingprimer>) Furthermore, we all know asthmatic children who could benefit from walking out of their school into cleaner air. Edina's Go Green Committee is asking that parents do not idle their cars when dropping off or picking up their kids from school. It will keep the air cleaner. It will save you money. It makes things better for our kids.

If you have any other suggestions to help make our school more "Green," please Mike Seaman your building contact.

Edina Parent Communication Network

PCN NATIONAL SPEAKER FORUM

Countdown to

Monday, November 14th at 7p.m.

Parenting with Love & Leadership: Equipped, but NOT Entitled
John Rosemond

New Location: Colonial Church, Edina

TICKETS AT: www.edinapcn.com

(\$15 in advance, \$20 at the door)

In today's child-centered culture, are well-meaning parents doing too much for kids?

John Rosemond asserts that along with love, parental leadership is essential to equipping children for the real world. At the PCN National Speaker Forum, Rosemond will share his thought-provoking parenting strategies for helping children grow into independent, responsible, compassionate adults.

John Rosemond is a family psychologist, best-selling author and nationally syndicated parenting columnist in more than 200 newspapers. To learn more and purchase tickets, visit www.edinapcn.com.

Trivia Corner

The costume of *Sesame Street's* Big Bird is made of turkey feathers — dyed yellow, of course.

The states of Arizona, Indiana, and Hawaii have never adopted Daylight Savings Time. Neither has Puerto Rico, the Virgin Islands, or American Samoa.

A hibernating woodchuck breathes only ten times per hour. An active woodchuck breathes 2,100 times an hour.

On this Day in

1842 - 16th United States President Abraham Lincoln married Mary Todd in Springfield, Illinois.

**"We must use time wisely and forever realize that the time is always ripe to do right."
- Nelson Mandela**